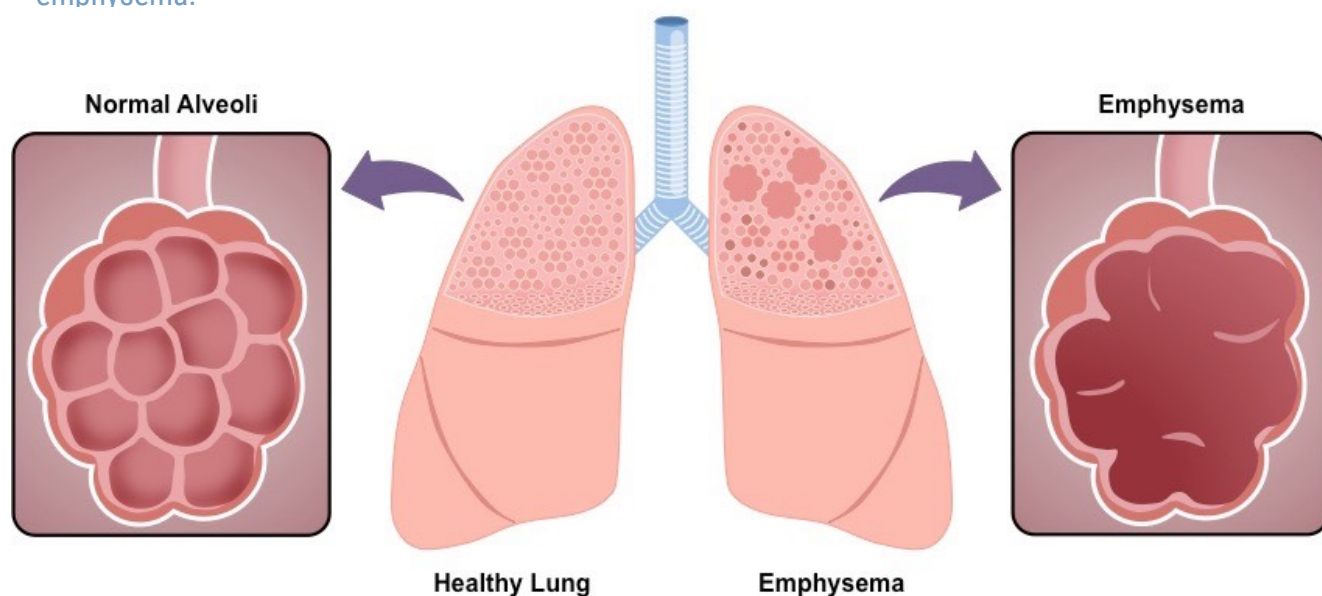


EMPHYSEMA & SALT THERAPY

Salt Therapy may assist the body's own natural process of cilia transport as mucus is freed from the membrane and able to be transported out of the body.

The transport of salt across the membrane of the respiratory system means that a build of mucus on is weakened as salt particles draw moisture around the mucus assisting it to unstick from the lining of the lung.

Salt Therapy as a form of respiratory hygiene has been used by individuals in the early-stages of emphysema and COPD to clean the airways and may provide relief from symptoms associated with emphysema.



Emphysema gradually damages the air sacs (alveoli) in the lungs, making an individual progressively short of breath. Emphysema is one of several diseases known collectively as chronic obstructive pulmonary disease (COPD). Smoking is the leading cause of emphysema. In cases of emphysema, the inner walls of the air sacs weaken and eventually rupture, creating one larger air space instead of many small ones. This reduces the surface area of the lungs and, in turn, the amount of oxygen that is absorbed into the bloodstream. Mucus may build up in the enlarged alveoli cavities and airways become inflamed. The effects of emphysema are irreversible. Symptoms of emphysema may include:

- Wheezing
- Cough
- Mucus production
- Shortness of breath and chest tightness
- Fatigue

Disclaimer: The information in this brochure should not be considered as medical advice. The information contained is a result of extended study and research and should only be considered as an opinion based literature review. Salt Therapy and Salt Therapists do not treat, diagnose, prescribe or cure any disease.

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