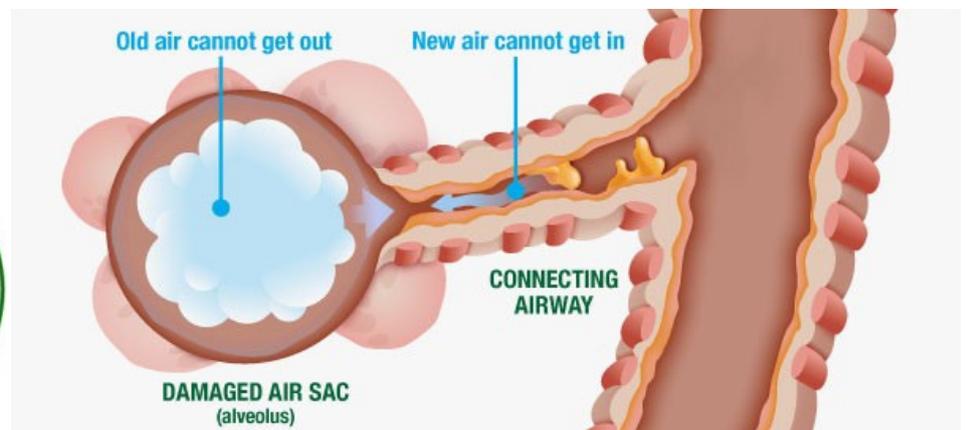
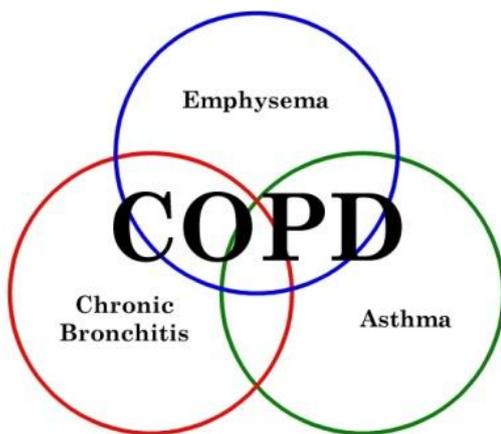


# COPD & SALT THERAPY

Salt Therapy is intended to clean the airways and support the body's own immune response. It may inhibit the susceptibility of individuals experiencing the long term symptoms of respiratory disease, recurring infection, inflammation and a build-up of mucus.

Research indicates that the cleansing effects of dry salt aerosol may have a positive effect on reducing the recurrence and severity of symptoms. This makes it easier to breathe and expel mucus. Salt Therapy has been used by individuals in the early-stage of emphysema and COPD for relief of symptoms.



Chronic Obstructive Pulmonary Disease (COPD) is a long-term (chronic) disease of the lungs which causes shortness of breath. COPD is an umbrella term for conditions including emphysema, chronic bronchitis and chronic asthma which is irreversible.

Three of the most common conditions of COPD include; emphysema, chronic bronchitis and chronic asthma. These conditions are not reversible. These conditions can occur separately or together. The main symptoms are breathlessness, chronic cough and mucus production. Cigarette smokers, passive smokers and ex-smokers are most at risk.

Disclaimer: The information in this brochure should not be considered as medical advice. The information contained is a result of extended study and research and should only be considered as an opinion based literature review. Salt Therapy and Salt Therapists do not treat, diagnose, prescribe or cure any disease.

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